

Requirements earned at NimawanachenBy Rank  
Camp Merz 2018

	Rank	Requirement #	Description
	Tenderfoot	1 Camping & Outdoor Ethics	A - Present yourself to your leader prepared for an overnight camping trip properly dressed, before going on an overnight camping trip. Show the camping gear you p. Show the right way to pack and carry. C - Tell how you practiced the Outdoor Code on a campout or outing.
	Tenderfoot	2 Cooking	A - On the campout, assist in preparing one of the meals. Tell why it is important for each patrol member to share in meal preparation and cleanup. B - While on a campout, demonstrate the appropriate method of safely cleaning items used to prepare, serve, and eat a meal. C - Explain the importance of eating together as a patrol.
	Tenderfoot	3 Tools	A - Demonstrate a practical use of the square knot. B - Demonstrate a practical use of two half-hitches. C - Demonstrate a practical use of the taut line hitch. D - Demonstrate proper care, sharpening, and use of the knife, saw, and ax. Describe when each should be used.
	Tenderfoot	4 First Aid and Nature	A - Show first aid for the following: Simple cuts and scrapes Blisters on the hand and foot Minor (thermal/heat) burns or scalds (superficial, or first degree) Bites or stings of insects or ticks Venomous snakebite Nosebleed Frostbite and sunburn Choking B - Describe common poisonous or hazardous plants, identify any that grow in your local area or campsite location. Tell how to treat for exposure to them. C - Tell what you can do on a campout or other outdoor activity to prevent or reduce the occurrence of injuries or exposure listed in Tenderfoot requirements 4a and 4b.
	Tenderfoot	5 Hiking	A - Explain the importance of the buddy system as it relates to your personal safety on outings and in your neighborhood. Use the buddy system while on a troop or patrol outing. B - Explain what to do if you become lost on a hike or campout. C - Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night.
	Tenderfoot	7 Citizenship	A - Demonstrate how to display, raise, lower, and fold the U.S. flag.
	Second Class	2 Cooking & Tools	A - Explain when it is appropriate to use a fire for cooking or other purposes and when it would not be appropriate to do so. B - Use the tools listed in Tenderfoot requirement 3d to prepare tinder, kindling, and fuel wood for a cooking fire. C - At an approved outdoor location and time, use the tinder, kindling, and fuel wood from Second Class requirement 2b to demonstrate how to build a fire. Unless prohibited by local fire restrictions, light the fire. After allowing the flames to burn safely for at least two minutes, safely extinguish the flames with minimal impact to the fire site. F - Demonstrate tying the sheet bend knot. Describe a situation in which you would use this knot. G - Demonstrate tying the bowline knot. Describe a situation in which you would use this knot.
	Second Class	3 Navigation	A - Demonstrate how a compass works and how to orient a map. Use a map to point out and tell the meaning of five map symbols. C - Describe some hazards or injuries that you might encounter on your hike and what you can do to help prevent them. <sup>2</sup> D - Demonstrate how to find directions during the day and at night without using a compass or an electronic device.
	Second Class	5 Aqatics	A - Tell what precautions must be taken for a safe swim. C - Demonstrate water rescue methods by reaching with your arm or leg, by reaching with a suitable object, and by throwing lines and objects. <sup>3</sup> D - Explain why swimming rescues should not be attempted when a reaching or throwing rescue is possible. Explain why and how a rescue swimmer should avoid contact with the victim.
	Second Class	6 First Aid	A - Demonstrate first aid for the following: Object in the eye Bite of a warm blooded animal Puncture wounds from a splinter, nail, and fishhook Serious burns (partial thickness, or second degree) Heat exhaustion Shock Heatstroke, dehydration, hypothermia, and hyperventilation B - Show what to do for "hurry" cases of stopped breathing, stroke, severe bleeding, and ingested poisoning. C - Tell what you can do while on a campout or hike to prevent or reduce the occurrence of the injuries listed in Second Class requirements 6a and 6b. D - Explain what to do in case of accidents that require emergency response in the home and the backcountry. Explain what constitutes an emergency and what information you will need to provide to a responder. E - Tell how you should respond if you come upon the scene of a vehicular accident.
	Second Class	8	B - Explain what respect is due the flag of the United States.

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		Citizenship	
	Second Class	9 Leadership	A - Explain the three R's of personal safety and protection. B - Describe bullying; tell what the appropriate response is to someone who is bullying you or another person.
	First Class	5 Nature	B - Identify two ways to obtain a weather forecast for an upcoming activity. Explain why weather forecasts are important when planning for an event. D - Describe extreme weather conditions you might encounter in the outdoors in your local geographic area. Discuss how you would determine ahead of time the potential risk of these types of weather dangers, alternative planning considerations to avoid such risks, and how you would prepare for and respond to those weather conditions.
	First Class	6 Aquatics	B - Tell what precautions must be taken for a safe trip afloat. C - Identify the basic parts of a <i>canoe, kayak</i> , or other boat. Identify the parts of a paddle or an oar. D - Describe proper body positioning in a watercraft, depending on the type and size of the vessel. Explain the importance of proper body position in the boat. E - With a helper and a practice victim, show a <a href="#">line rescue</a> both as tender and as rescuer. (The practice victim should be approximately 30 feet from shore in deep water.) <sup>(2)</sup>